

Welcome to this meal, in the name of Christ.  
We come to share in God's love.  
**We come to share our food and our lives.**

As we break bread together,  
we also break ourselves open to each other  
**We come to express our faith and our thanks**

Living God bless this food and this fellowship.  
**God of abundance, we give you thanks for this food  
and we remember those who do not have enough.**

Eternal God of love, feed us, as we face your future together.  
**As we explore the challenges before us,  
keep us aware of the needs of all those for whom you lived and died.**

*The Gospel is read*

So we remember the words and actions of Jesus  
as he shared his last meal with the disciples.  
**Now it is time to share bread as Jesus shared it with his friends.**

On the night before he died,  
Jesus took the bread that was on the table;  
he gave thanks to God and broke the bread.

*The bread is broken*

He gave it to his disciples, and said:  
Take, eat, this is my body which is given for you;  
do this to remember me.

*Around the table share the bread with your neighbours  
using these or similar words*  
**The body of Christ, given for you.**

*We share our meal together  
Tables discuss the reading  
and share in prayer for each other and the world*



People of God we have shared a meal, the word and in prayer  
**Now it is time to share the cup as Jesus did.**

After supper Jesus picked up a cup;  
he gave God thanks  
then gave it to the disciples and said:  
Drink this all of you,  
it is my blood of the new covenant  
it is not shed just for you  
but for all for the forgiveness of sins;  
every time you drink it, remember me.

*Around the table share the cup with your neighbours  
using these or similar words*  
**The blood of Christ, shed for you.**

Lord God, our meal is ended, but your feast continues.  
**Sustained by this food we go into your world  
to work with you in the creation of your future.**

We who have shared this meal, are filled with Christ's love and life.  
**Thank you for feeding us with your body and blood.  
we go now to proclaim the love and life of Christ until he comes.**

May the peace of Christ rest upon you  
as you love and serve God in your mission and ministry to the world.  
Amen

